

Rotary

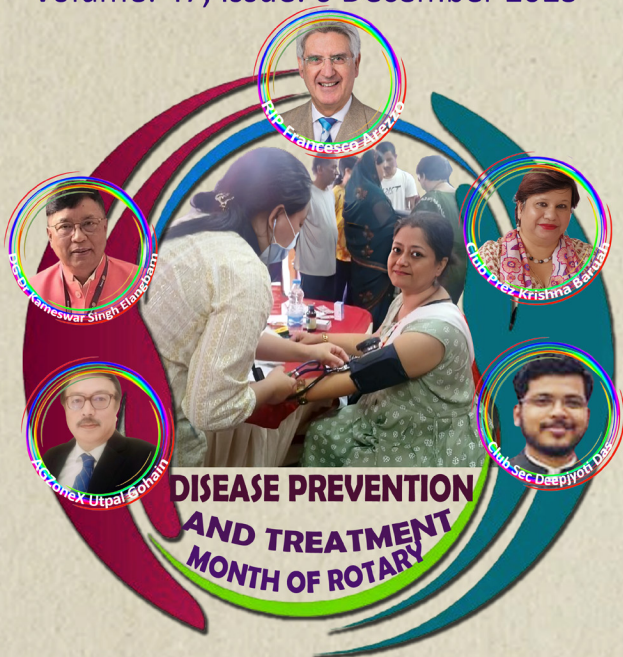


MONTHLY CLUB BULLETIN OF  
R C GAUHATI WEST

# SARAIGHAT



Volume: 47, Issue: 6 December 2025



**DISEASE PREVENTION  
AND TREATMENT  
MONTH OF ROTARY**

**UNITE FOR GOOD**

This month's special issue of Rotary magazine is all about happiness, that most elemental of human yearnings. More than a feeling, though, this state of positive well-being, and the conditions necessary to create and sustain it, should be considered a universal right.

December also marks Rotary's Disease Prevention and Treatment Month, when we highlight our members' work to promote health and wellness, including mental wellness. Globally, nearly 1 in 7 people have a mental health disorder, according to a recent World Health Organization report. Yet only 9 percent of people with depression receive adequate treatment.

We are fortunate in Rotary to have a powerful way to support emotional well-being and happiness: friendship. The connections we build in Rotary can be a powerful force for change. I know this from personal experience.

When my fellow members first proposed that I become club president, I demurred. I had a stutter. I was terrified of speaking. But having club members who supported me and surrounded me with affection enabled me to face my fear, and I found a way to stand confidently before a crowd.

Today, I regularly address audiences — some numbering in the thousands — in a language that is not native to me. The Rotary members in my life helped me create lasting change within myself.

That fellowship gives us the courage and means to create lasting change in the world as well, and mental health services are in desperate need of improvement. The WHO reports that governments on average devote only 2 percent of their health budgets to mental health, and only 11 percent of that funding reaches community-based services. In some countries, only one trained mental health professional is available for every 100,000 people. The WHO has called for strategic and urgent action to close the gap.

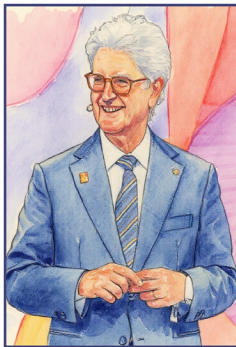
Rotary can answer that call by championing mental health awareness in our clubs, working with local health systems, funding training for community health workers, and supporting initiatives that bring care to places where none exists. Even small investments in mental health yield enormous returns in productivity, public health, and happiness.

While we are creating lasting change in the world, we cannot forget to take care of each other. Past RI President Gordon McNally wisely reminds us that we must go beyond asking, "How are you?" We owe it to each other to instead ask, "How are you really?"

As we transition to a new year filled with new possibilities, let us Unite for Good — for healing, friendship, and access to happiness.

# MESSAGESSDEC

## RI President's Message Francesco Arezzo December 2025



## Club Predint's Message Krishna Baruah December 2025



Dear Fellow Rotarians,

I extend my heartfelt thanks to all members for your enthusiastic participation in the Children's Day programme held on 14th November, and for your generous support in providing one month's ration to Deepshikha Sishu Ashray Sthal on 18th November. Your commitment truly reflects the spirit of Rotary.

I earnestly urge every member to contribute at least Rs. 1,000 to the Polio Fund, as our collective effort is crucial in sustaining Rotary's flagship mission of polio eradication.

I would also like to remind those members who are yet to clear their first semi-annual dues to kindly do so at the earliest, especially since the second semi-annual dues will also fall due within a month.

Along with Rtn. Bibhash Sir and Rtn. Deepjyoti, I had the privilege of attending the District Foundation Seminar at Malda on 23rd November. We had a fruitful discussion with the DRFC regarding a proposed District Grant for sewing machines. This visit also gave me an opportunity to explore the historic ruins of Gour Banga, and to learn about its rich heritage from Dr. Saugat Bagchi, a close friend of Bibhash Sir.

I request all members to attend the upcoming RWMs regularly and to take an active role in the medical camp scheduled later this month.

Warm regards,  
Krishna Baruah  
President, Rotary Club of Gauhati West

# FIGHTING DISEASES BY ROTARY

We believe good health care is everyone's right. Yet 400 million people in the world can't afford or don't have access to basic health care.

Disease results in misery, pain, and poverty for millions of people worldwide. That's why treating and preventing disease is so important to us. We lead efforts both large and small. We set up temporary clinics, blood donation centers, and training facilities in underserved communities struggling with outbreaks and health care access. We design and build infrastructure that allows doctors, patients, and governments to work together.

Our members combat diseases like malaria, HIV/AIDS, Alzheimer's, multiple sclerosis, diabetes, and polio. Prevention is important, which is why we also focus on health education and bringing people routine hearing, vision, and dental care.

How Rotary makes help happen

We educate and equip communities to stop the spread of life-threatening diseases. Rotary members have hundreds of health projects underway around the world at any given time.

		
VACCINES	POLIO	MALARIA
Learn how Pakistan's Vaccination strategy is reaching children on the move	Mobile phones and simple text messaging may be the keys to victory in the world's largest public health initiative: the eradication of Polio	We are dedicated to a malaria-free world through treatment and prevention

## Our impact on disease

**The Rotary Foundation** is changing the world by providing grants for projects and activities

Rotary makes amazing things happen, like:

**Providing clean water:** Rotary has worked with partners to provide more than 80 percent of Ghana's people with clean water to fight Guinea worm disease.

**Reducing HIV infection:** In Liberia, Rotary members are helping women get tested for HIV early in their pregnancies. They used prenatal care to reduce new HIV infections in children by 95 percent over two years.

**Ending polio:** Rotary members have played a key role in bringing the world to the brink of polio eradication. Their efforts have not only ended polio in 122 countries but also created a system for tackling myriad other health priorities, such as Ebola.

Around the globe and in your own backyard.

\$ 65 mil in grants was given by Rotary to fight disease  
99.9% reduction in polio cases since our program started in 1985



# RWM OF NOVEMBER 2025

## RWM No. 2116 dtd 06.11.2025

The following decisions were held

1. Three members-Bibhas Sir, Secretary Deepjyoti and President Krishna Baruah will attend the TRF seminar at Malda to be held on 23rd November
2. On the occasion of Zubeen's birthday on 18th November, the following food items - rice, dal, mustard oil, sugar, atta, milk, soya bean, biscuits etc will be donated to DEEPSIKHA CANCARE CENTER
3. Rtn Vinita Agarwal was given the responsibility to coordinate for contribution of Rs 1000 for polio fund by the members.
4. It is agreed upon to hold next BOD on 27th November, Thursday, at Club premises followed by meeting of the trust of the club.

Members present=8

## RWM No. 2117 dtd 13.11.2025

1. Meeting Call to order by Vice President- Rtn Sanjib Kalita followed by National Anthem.
2. Minutes of meeting No. 2116 was approved
3. It was decided to Celebrate Children's Day i.e. 14.11.25 at Kalyani Niwas from 01 pm - 4pm. President Krishna Baruah conveyed to donors 3 Irons along with other items. Members are requested to attend the program.
4. Members were reminded about the Celebration of 53rd birth day of late Zubeen Garg on 18.11.25 at Deepshikha Centre 6 mile by donating food items from 4pm onwards till 6 Pm.

NB After the community service project on 18th Nov'25 the members present in today's meeting decided to celebrate it in Rotary way at different place.

5. Felicitation of Rtn Vikram Didwania for being AG elect of Zone 9 for RY 26-27 shall be arranged in a suitable place following the RWM of next Thursday 20.11.25
5. Rtn Vineeta Agarwal is the co ordinator of Polio fund. She will provide us the link. Each member shall donate 10 dollar or Rs.1000/- (INR) from their pocket to Polio Fund within this month as it is The Rotary Foundation Month.
6. 27th Nov'25 shall be our BOARD meeting followed by Trust meeting at our Club Premises.
7. Welcoming our Newly Inducted member Rtn Sanjay Nimodia Ji shared his views regarding Rotary, his journey to life at Vapi, his business and born n bought up at Guwahati was overwhelming.
8. Our Club shall issue a letter to L&T/Site engineer a construction company, for damage that has been occurred inside our Club as because behind our club premises there is big 14 storey building construction is going which has damaged our Club venue from inside.
9. Total Members present:12 NOS.



## RWM No 2118 dtd 20.11.2025

1. Meeting Call to order by the president of the club, followed by National Anthem.
2. Reading out Minutes of past RWM and events of the week by Secretary of the Club.
3. Ann Papori Bhuyan provided us the reviews of the service project held at Deepshikha Centre on 18.11.25 at Guwahati.
4. Rtn B. C. Das Purkayastha was the Chief Guest of RYLA held at Bongaigaon hosted by RC Bongaigaon on 14th, 15th & 16th of Nov'2025 and representing our Club.
5. The Rotary Foundation seminar is going to be held at Malda on 23rd of Nov'25. From our club 3 Rotarians Rtn Dr. BC Das Purkayastha, Rtn Krishna Baruah & Rtn Deepjyoti has registered for the event. NB: Any member wish to join us, you can join. For tickets & Registration you can contact secretary of the Club that is me and for accommodation you can contact to BC das Ji.
6. Board Meeting to held on 27th Nov'25 followed by Trust Meeting at Club Premises.
7. Health camp to be organised as proposed by Rtn Krishna Baruah on the Month of Dec'2025 to be held at Changsari. Contact person : Gyanadra Nath. Co-ordinator : Rtn Dr. B.C. Das Purkayastha.
8. The house has decided to host a Club picnic as Club service Project & Family Get together on 25.12.2025 (Thursday) following RWM on the way and back. Club Picnic Co-ordinator: Rtn Deba Kumar Mishra.
9. Rtn Prem Kant Choudhury along with her spouse is representing our Club to US for fellowship, Bonding and friendship. Our club is supporting him with 10 Flags and 25 Gamochas. He being a Club Ambassador continuing his service outside our nation.
10. Rtn P K Choudhury has proposed for a plantation programme at Gopal Boro school, Ganeshguri. The club shall follow it with the program.
11. Rtn Krishenendu Roy has proposed an Interact Club along with a joint venture with Rotaract Club of Rongali Guwahati.
12. An programme of Glittering stars was organised lottery Winner of today's Lottery Game : Ann Papori Bhuyan
13. The club had Tambola game lastly.
14. Total members present 21 NOS.
15. Meeting adjourned at 08:45 PM



# RWM AND BOARD MEETING OF NOVEMBER

## RWM No. 2119 dtd 27.11.2025 and 2nd BOD:

The meeting was called to order by the President. National anthem was sung followed by the following discussion and resolutions:

1. Meeting minutes of 2118 RWM was read by the Secretary Deepjyoti along with action taken and approved by the club.

2. The President reminded about the club dues of some members who are yet to clear the first semi-annual dues. Last date to clear this will be 30th of November and she pronounced that the membership had to be terminated as other paying members' money cannot be used to pay their membership fees. Rtn Samir disclosed the names of defaulters and some members were assigned to contact the defaulting members. President also informed that members concerned will be messaged individually on this regard.

3. Rtn Binita Agarwal was asked say about the upcoming projects of the club:

a. Mothers Milk Bank: She proposed for another Mothers Milk Bank to be opened by the club in some hospitals of Guwahati for which she did some ground work. She revealed that Chatribari Christian hospital and KGMT hospital both are working well. About Rs 8 lakh will be needed for the installation. Rtn Dr Ashish Sharma opined that Marwari Maternity Hospital will be the best hospital for the



purpose. A CSR grant for the project will be needed. The members were requested to find some corporates for this purpose.

b. Skin Bank: She talked about establishing a skin Bank for which initial talk was done with Nemcare Hospital, however they lack space. Alternative hospitals are to be searched. The project cost will be about 1 crore for GG will be necessary. For foreign partners she contacted some clubs of USA and talk to them for their visit in Dec 2025. Rtn Budhin is requested to help her for preparing the project.



4. The President informed about formal talk with DRFC on this regard during her visit to Malda. DRFC informed that for Sewing Machine project Rs 1 lakh may be granted by the District Fund (DDF) with condition of donation of Rs 30000 to Annual Fund

5. Rtn B C Das Purkayastha reminded about the application of NPME school for installing 3 KW Solar Panel. President announced for donation of Rs 1 lakh from her side as well as another lakh from Rtn B C Das Purkayastha.

6. Budhin disclosed about Tree Plantation Project at Pragjyotish Viswavidyalaya for which a new requirement needed is calculating the Carbon Print. It was suggested by Rtn Purkayastha that this may be included in the project cost providing a rejoinder to India Carbon, the CSR granting body. President also suggested an alternative site at Nagaon with assistance from DC, Debasish Sarma.

7. It was announced that next medical camp will be held at Tarun Nagar with support from India Carbon. Rtn Dr Ashish Das disclosed that it will be "Dental-Mental-Medical Camp" with his participation along with other Doctors from the club and India Carbon as well. The date is not fixed but will be in first half of December.

8. The two meetings continued for about 2 hours with active participation of all 11 BOD members and 4 invitee members. Rtn Vinita Agarwal served home made tiffins for all the members

9. The Meeting was adjourned at 9.20PM  
Total members present is 15.



# ACTIVITIES OF NOVEMBER 2025

## Childrens Day Celebration 14th Nov



Children's Day Celebration was organized by Assam Child and Women's Welfare Society supported by Rotary Club of Gauhati West on 14th November at Kalyani Niwas from 1 Pm to 3 PM. Smt Purnima sang a Zubeen Garg song while other children performed group dance to the satisfaction of audience. Previously held competition among children of Ashaneer, Shishugrah and Kalyani Niwas were also recognized with gifts. The Club handed over essential items for all three organizations to the Sanchalikas.

## Help to inmates of Deepsikha Shishu Ashray Sthal

On 18th of November one months ration comprising of rice, atta, dal, milk, oil, sugar, spices etc were handed over to the coordinator of Deepsikha's Shishu Ashray Sthal at Six mile. The program started at 4.30 PM with celebration of late Zubeen Garg's 53rd Birth Day. A large number of Rotarian members attended the program

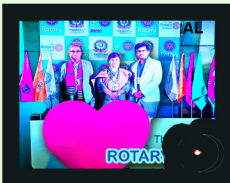


# BREAKING NEWS

Rtn B C Das Purkayastha was invited as Chief Guest for Inauguration of RYLA organized by R C Bongaigaon on 14 - 16th November. He also conducted a debate session on 15th November. There were 41 Participants of the age group 14-18. It was also attended by Dist RYLA Chair. Co-chair and AG Zone X



On 23rd Nov Rtn Krishna, Rtn Deepjyoti and Rtn Bibhash attended District TRF Seminar, Samarpan at Malda.



Club members attended marriage ceremony of youngest son of PDG Sunil Saraf at Radisson Blu Hotel, Guwahati on 30th November evening, and also met all stalwarts of Rotary District 3240 who also graced the occasion at Guwahati.

## OF THE CLUB

Congratulations to Rtn Vikram and Rtn Bibhash for their nomination as AG Zone X and Dist Chair Publication respectively for 26-27

**Rotary District 3240**

**HAPPY TO INTRODUCE**

**TEAM INSPIRATION 2026-27**

Let us welcome AG of Zone 9

Rtn Vikram Didewania  
RC Guwahati West

Sponsor: Mr. Ananta Dikshit

**1. DISTRICT CLAY OF GUWAHATI SOUTH**  
**2. DISTRICT CLAY OF GUWAHATI WEST**  
**3. DISTRICT CLAY OF GUWAHATI CITY**  
**4. DISTRICT CLAY OF GUWAHATI EAST**  
**5. DISTRICT CLAY OF GUWAHATI NORTH**

+91943548762

**Rotary District 3240**

**Team Inspiration**

**Happy to welcome**

District Publication Committee  
Chair RY 2026-27

Rtn Bibhash Chandra Das Purkayastha  
RC Guwahati West

+91943542884 | bcdpurkayastha@gmail.com

## Hail! Specialists of the Club

Rtn Krishna Baruah was invited as a resource person in WOMEN CONCLAVE organized at Gauhati University on 22nd Nov. She talked on role of women in administration.

Rtn B C D Purkayastha inaugurated the Conclave



## OF THE DIST

**Rotary District 3240**

**3T Arogyam**

District Seminar On  
Disease Prevention & Treatment  
13th-14th December, 2025  
Hotel Polo Tower, Agartala

**Registration Card**

13th-14th November: Rs. 2500/-  
1st-10th December: Rs. 3000/-

**Basic Details**

Rotary Club of Agartala City  
A/C No: 1080410000002  
Indian Overseas Bank, Agartala Branch  
B/C: 12345678901

**Host:**  
Rotary Club Of Agartala City

Rtn Dr. Sanyal Kanak Rtn Dr. Nihar Ranjan Das  
Club President Exec Chair  
Ph: 9833777225 Ph: 7003767613

**Rotary District 3240**

**Dargapuri Smart City**

**MULTI-DISTRICT PUBLIC IMAGE SEMINAR**  
(14th-15th & 16th-17th)

**HURRY 8 DAYS LEFT - UPTO 20.11.2025**

**Early Bird Registration 999/-**

December 7th, 2025  
03:00 PM @ Majahood Hotel, Durgapur

**Rotary District 3240**

**Pratidhwani 26**

The Rotary International District 3240 Conference

Date: 9th - 11th January 2026

LIMITED-TIME OFFER: Rs. 11,000/-

This offer expires in 48 hours!

Venue: Lalit International Profiling Arts Center, Marketing, Staffing, Migration





The Rotary International Convention in 2026 will be held in Taipei, Taiwan, from June 13-17 at the Taipei Nangang Exhibition Center and the Taipei Dome. The event will bring together thousands of Rotary members for sessions, speakers, and opportunities to connect and share innovative projects.

### Birth Day Greetings

Indraji Dutta Roy	10th Dec
Anuj Paliwal	11th Dec
Subrata Roy	25th Dec

### Wedding Anniversary

Monotosh Dey	02nd Dec
Subrata Sarma	06th Dec
Krishnendu Roy	07th Dec
Kamal Das	08th Dec
Mahesh Santani	12th Dec
Abhijit Barua	14th Dec
Joydeep Bhuyan	14th Dec
Shyamal Bhattacharjya	14th Dec

## RI NEWS - INDIA

The Rotary Club of Coimbatore Cotton City designed a project to raise awareness about the illicit practice of caging and trading wild parakeets. Volunteers meticulously placed nearly a ton of millet grains in a 1,200-square-foot artwork depicting the clipping of a parakeet's wings. "Each grain represents hope," says Niketu Shah, a club leader who directed the project, part of a larger effort by an animal rescue organization and supported by the state forest department. The artwork was completed in May at a shopping center. Last year, the club helped provide the forest department with an X-ray machine for birds. In captivity, many birds suffer from disease and stress that reduces their lifespan.



## UPCOMING ACTIVITIES

**1st Week of Dec:** Installation of Solar Panel at NPME School, Pandu

**2nd Week of Dec:** Medical Camp at Tarun Nagar ( Mental-Dental-Medical)

**25th of Dec:** Club Picnic at Chandubi.

*Members please participate in all the events of the club.*

Rotary Club of Gauhati West meets every Thursday at 7/7.30 PM at

Rotary West Community Hall,  
Kamarpatty, Fancy Bazar, Guwahati - 1

President: Rtn Krishna Baruah

Secretary: Rtn Deepjyoti Das

Treasurer: Rtn Samir Choudhury

Bulletin Editor: Rtn (Dr) B C Das Purkayastha

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